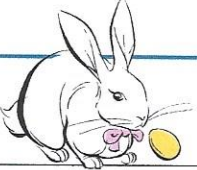


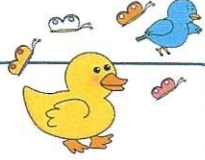


Valley Grove March 19 - April 20, 2018

Elementary Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3/19/18	3/20/18	3/21/18	3/22/18	3/23/18
French Toast Sticks With Syrup or Assorted Cereals with Muffin	Breakfast Pizza or Assorted Cereals with Muffin	Dutch Waffle or Assorted Cereals with Muffin	Sausage Pancake On a Stick or Assorted Cereals with Muffin	Powdered Sugar Donuts or Assorted Cereals with Muffin
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
3/26/18	3/27/18	3/28/18	3/29/18	3/30/18
French Toast Sticks With Syrup or Assorted Cereals with Muffin	Cheese Omelette or Assorted Cereals with Muffin	Dutch Waffle or Assorted Cereals with Muffin	Easter Vacation 	Easter Vacation 
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk		
4/2/18	4/3/18	4/4/18	4/5/18	4/6/18
Easter Vacation 	Easter Vacation 	Dutch Waffle or Assorted Cereals with Muffin	Sausage Pancake On a Stick or Assorted Cereals with Muffin	Powdered Sugar Donuts or Assorted Cereals with Muffin
		Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/9/18	4/10/18	4/11/18	4/12/18	4/13/18
French Toast Sticks With Syrup or Assorted Cereals with Muffin	Cheese Omelette or Assorted Cereals with Muffin	Dutch Waffle or Assorted Cereals with Muffin	Cinnamon Bun or Assorted Cereals with Muffin	Powdered Sugar Donuts or Assorted Cereals with Muffin
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/16/18	4/17/18	4/18/18	4/19/18	4/20/18
French Toast Sticks With Syrup or Assorted Cereals with Muffin	Breakfast Pizza or Assorted Cereals with Muffin	Dutch Waffle or Assorted Cereals with Muffin	Sausage Pancake On a Stick or Assorted Cereals with Muffin	Powdered Sugar Donuts or Assorted Cereals with Muffin
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Student Paid Breakfast \$1.25		Student Reduced Breakfast \$0.30		Adult Breakfast \$1.85

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable (must take at least a 1/2 cup) and
Choice of Milk
Choice of Milk - fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch
Trix
Cocoa Puffs
Fruity Cheerios
Rice Crunch
Kix
Cheerios
Fruit Loops
Frosted Flakes

Served with WG Muffin or WG Graham Crackers



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