

# Rocky Grove High School Breakfast Menu March 26-May 4, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<b>5/7/18</b> Breakfast Pizza w/Syrup or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/8/18</b> Sausage & Cheese Bagel or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/9/18</b> Pancake & Sausage Stick or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/10/18</b> Sausage Bagel or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/11/18</b> Donuts or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
<b>5/14/18</b> Breakfast Pizza w/Syrup or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/15/18</b> Sausage & Cheese Bagel or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/16/18</b> Pancake & Sausage Stick or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/17/18</b> Sausage Bagel or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/18/18</b> Donuts or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
<b>5/21/18</b> Breakfast Pizza w/Syrup or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/22/18</b> Sausage & Cheese Bagel or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/23/18</b> Pancake & Sausage Stick or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/24/18</b> Sausage Bagel or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/25/18</b> Donuts or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
<b>5/28/18</b> Memorial Day 	<b>5/29/18</b> Sausage & Cheese Bagel or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/30/18</b> Pancake & Sausage Stick or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>5/31/18</b> Sausage Bagel or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>6/1/18</b> Donuts or Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
<b>6/4/18</b> Breakfast Pizza or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>6/5/18</b> Sausage & Cheese Bagel or Assorted Cereals with Mini Muffin Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>School's Out For Summer!!!</b> 		

**What is a Meal?**  
 You must choose at least 3 of the 4 components available for the schoolbreakfast price.

Choice of: Grain or grain/protein  
 Choice of fruit or vegetable (must take at least a 1/2 cup)  
 and  
 Choice of Milk  
 Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

**Fruit May Include:**  
 Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges



**Whole Grain Cereal Selection May Include:**  
 Cinnamon Toast Crunch  
 Trix  
 Cocoa Puffs  
 Fruity Cheerios  
 Reese's Puffs  
 Trix  
 Cheerios  
 Lucky Charms  
 Cinn. Rice Chex

Served with Belly Bears

Menu Subject to Change without notice

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U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights  
 1400 Independence Avenue, SW Washington, D.C. 20250-0410;  
 (T) fax: (202) 859-7442; or (T) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

**Student Paid Breakfast \$1.25      Student Reduced Breakfast \$0.30      Adult Breakfast \$2.10**